

COACH DEVELOPMENT DAY



Raising the bar for coaching in Bedfordshire & Luton

**Cedars Coaching Academy, Cedars Upper School
Monday 19th April 2010
9.30am - 5pm**

The day is aimed at coaches of children in Bedfordshire and Luton, and is being provided **FREE OF CHARGE** to support coaches to expand their knowledge and expertise

A very high calibre of tutors have been secured for the day. All of them come with a high level of knowledge and experience within their field.

EVENT TIMETABLE

09:15 - 09:30: Arrival (Teas and Coffee)

09:30 - 10:00: Opening Address from Lloyd Conaway (Director of team BEDS&LUTON) & Key Note Speaker

10:00 - 13:00: Workshop 1 (A choice of 3 workshops)

- *Safeguarding and Protecting Children in Sport*
- *The Inner Game*
- *Core Stability*

13:00 - 14:00: Lunch & Networking Opportunities

14:00 - 17:00: Workshop 2 (A choice of 3 workshops)

- *Dealing with Challenging Behaviour*
- *The Sports Coach as an Educator*
- *Disability Awareness*

It is not a requirement that you attend the whole day . You may want to attend part of the day i.e. a morning OR afternoon workshop.

Places at the workshops will be allocated on a first come first served basis, so don't delay and **BOOK NOW**

www.teambedsandluton.co.uk