

Bedfordshire and Luton Club and Coach Conference

PE & Sport Strategy for Young People

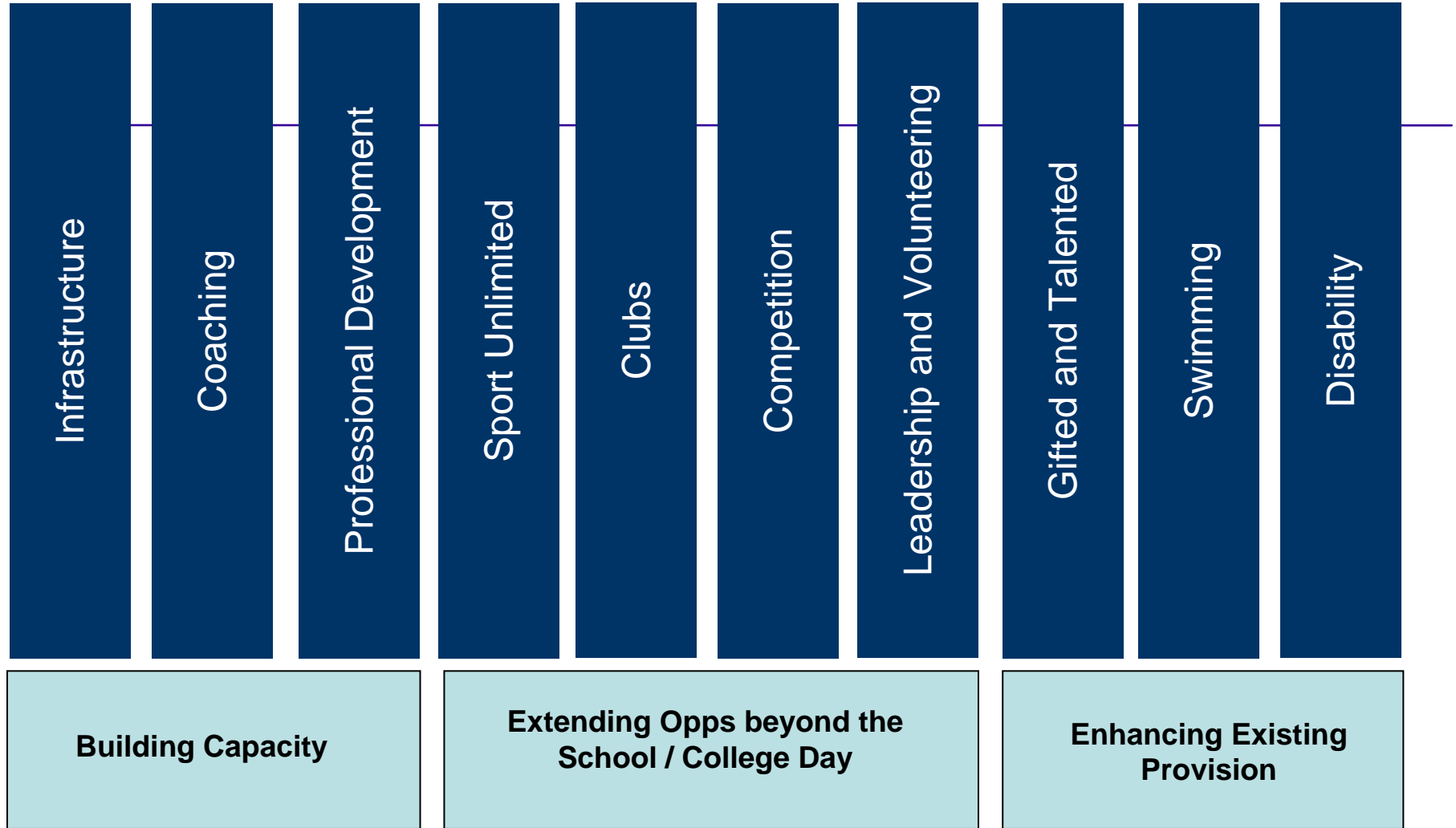
- Create a world class system for PE & sport for all children and young people, to stimulate and increase their participation in sport, and sustain it.
- Create attractive, innovative opportunities for c&yp to get engaged with sport, and clear pathways for them to pursue their chosen activities.

What will PESSYP deliver?

- More 5-16 year olds doing 5 hours of sport each week
- More 16-19 year olds doing 3 hours of sport each week
- More 11-19 year olds doing sports volunteering
- More 5-19 year olds participating in club sport
- Commonly known as the 5 hour offer

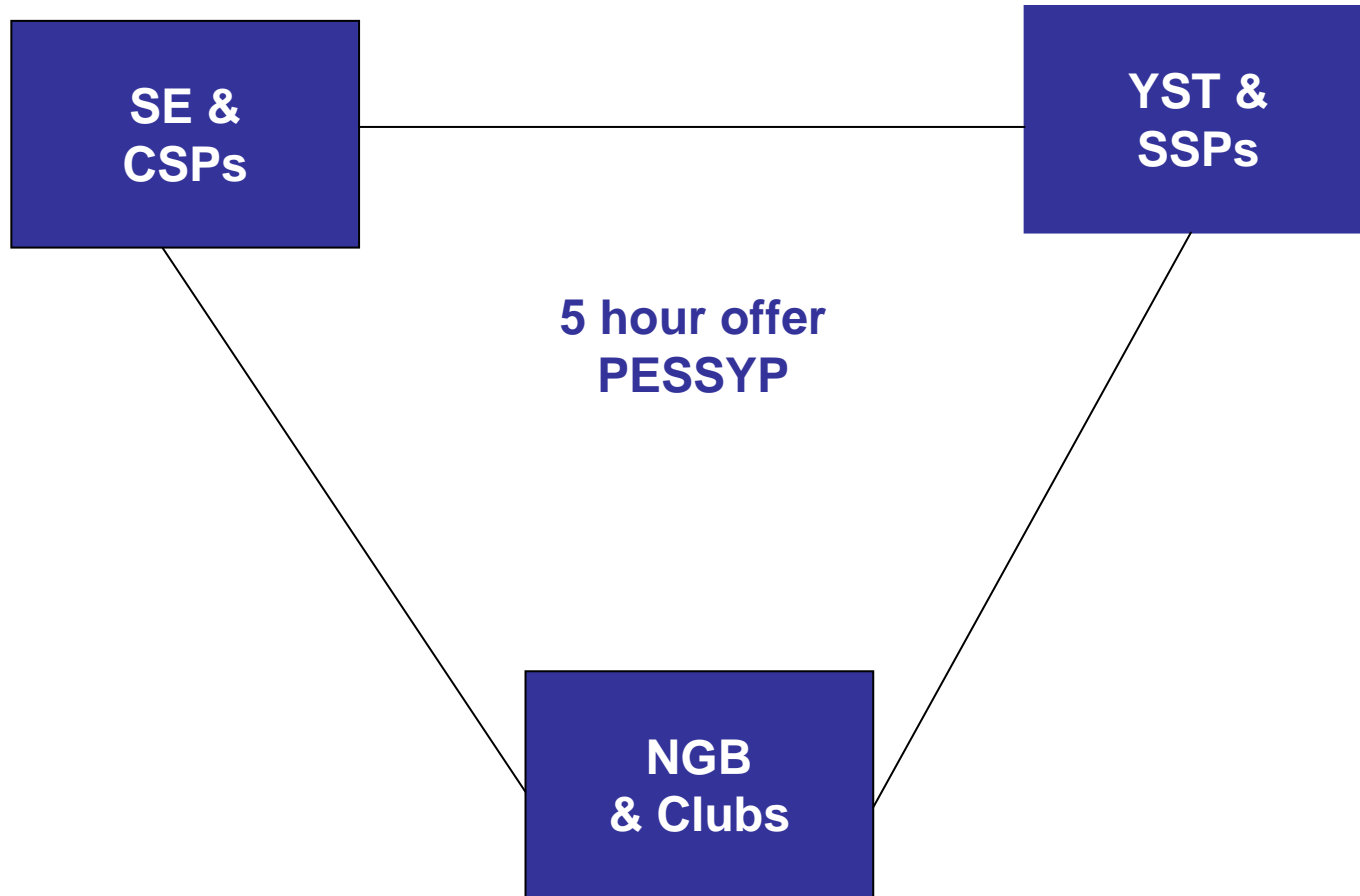


National PE & Sport Strategy for Young People (2008-2011)



5 Hour Offer

Who delivers PESSYP?



What is a SSP?

- **Groups of schools working together to develop PE and sport opportunities for all young people.**
- **PDM - manage the SSP and develop strategic links with key partners in sport and the wider community**
- **SSCO - improving school sport opportunities, including out of hours school learning, intra and inter-school competition and club links.**
- **PLT - aim to improve the quantity and quality of PE and sport in their own schools.**



What is a CSP?

tBL mission

- **‘working in partnership at the heart of the community to support, develop and promote high quality opportunities to allow everyone to get involved, stay involved and succeed in sport and physical activity’.**
- **Role at the moment – strategic leadership, marketing and communication, performance measurement, workforce development, club development**



What does PESSYP/5 hour offer mean for Clubs?



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Sport Unlimited

How can Clubs be involved/support

- Clubs can deliver sessions to young people as part of the programme (8-10 sessions, ideally one per week but flexibility exists).
- Be an exit route following the delivery of an activity by another provider.

For further information & to get involved

- Contact Pete Hardy at tB&L



School Club Links

How can Clubs be involved/support

- Provide tB&L with information on your Club if you want to make links with local schools
- Increase the capacity of your club to be able to welcome more children and young people
- Register your Club to become accredited and then achieve accreditation.
- Access funding from tB&L to do this

For further information & to get involved

- Contact Joby Hobbs at tB&L or your local PDM



School Club Links

REDBORNE SSP & CRANFIELD, WESTONING, SHEFFORD NETBALL CLUBS.

- Club coaches delivered 5 wks of coaching aimed at 8-9 year olds (yr 4) based at three sites.
- Schools each nominated 10 young people to attend.
- 35 young people attended each site - total 126.
- Culminated in skills festival based at Redborne Upper School.
- Young people invited to join the club.
- Young volunteers from SSP assisted in coaching and umpiring & some attended Young Netball Organiser course.



Leadership & Volunteering

How can Clubs be involved/support

- Provide opportunities for young people to volunteer at YOUR Club as coaches, officials, administrators, or in many other roles
- Include young people in your club volunteering plans
- Signpost young people to coaching and young officials awards

For further information & to get involved

- Contact Joby Hobbs at tB&L or your local PDM



What does PESSYP/5 hour offer mean for Coaches?



**SPORT
ENGLAND**



Opportunities for additional work

Sport Unlimited

- Coaches are needed to deliver activities for 8 to 10 sessions as part of Sport Unlimited

SSP Coaching programme

- 1500 additional hours of coaching per year per SSP
- Ideally looking for small team of coaches who will deliver a minimum of 200 hours each per year
- Opportunities also to be a coach mentor

For further information

- Contact Laura at tB&L & register yourself on the coach agency or your local PDM

