

RFU MIDLANDS EAST ADVANCED COACHES PROGRAMME

Brian Ashton – The Integrated Coaching Philosophy



Sunday 17th October 2010 - Loughborough University

**THIS IS
RUGBY.**

Further Information from davidfraser@rfu.com

Who is this course for?

L2 coaches working towards L3
1st XV coaches
Colts /U18 coaches
Representative squad coaches

Cost; £40
Book this with
the Advanced
Coaches Course
and get a £10
discount...
Lunch included



RFU

Applications to; Advanced Coaches Course, RFU Midlands Coaching Centre,
Netball/Badminton Centre, Loughborough University, Loughborough, LE11 3TU

RFU ADVANCED COACHES COURSE

Sunday 5th December 2010 - Loughborough University

An essential introduction to
Player and Team Profiling,
Periodisation, Game
Planning and Developing
your Coaching Style.

Further Information from davidfraser@rfu.com

Who is this course for?

L2 coaches working towards L3

1st XV coaches

Colts /U18 coaches

Representative squad coaches

This course will be a requirement
for any coach applying to take
L3 from 2011 onwards

**THIS IS
RUGBY.**

Cost £60



RFU

Applications to; Advanced Coaches Course, RFU Midlands Coaching Centre,
Netball/Badminton Centre, Loughborough University, Loughborough, LE11 3TU