



CLUB DEVELOPMENT UPDATE

Congratulations go to Leighton Buzzard Swimming Club who achieved their Swim21 Club accreditation for Skill Development on 24th June 2006. A special mention goes to Sam Davis their Swim21 Coordinator for driving the project forward. Lisa Simpson the Partnership

Swimming Development Officer commented, "it is a testament to the club for all their hard work and commitment to their development in recent years. Leighton Buzzard are the 5th Swim21 accredited club in the county and I hope that many more clubs will achieve this in the future".

THE QUEENS AWARD FOR VOLUNTARY SERVICE 2007

To celebrate her Golden Jubilee, The Queen announced a new, annual Award to recognise and reward excellence in voluntary activities carried out by groups in the community.

The Queen's Award for Voluntary Service (formerly known as The Queen's Golden Jubilee Award) is given for outstanding achievement by groups of volunteers who:

- regularly devote their time to helping others in the community
- improve the quality of life and opportunity for others
- provide an outstanding service

If you know a group of volunteers who you think might qualify for an award visit www.queensawardvoluntary.gov.uk and download a nomination form.



COURSES THIS QUARTER

team BEDS&LUTON Generic Courses

September

7th	Developing Power & Speed	Biddenham, North Beds
9th	First Aid	Hightown, Luton
12th	Equity in Your Coaching	Rufus Centre, Mid Beds
14th	An Introduction to FUNdamentals	Vandyke School, South Beds
19th	Good Practice & Child Protection	Biddenham, North Beds
25/26th	First Aid	Vandyke School, South Beds

October

2nd	Mentoring	Biddenham, North Beds
11th	Core Stability	Denbigh, Luton
16/17th	First Aid	Biddenham, North Beds
19th	Good Practice & Child Protection	Rufus Centre, Mid Beds
30th	Ensuring High Quality PE & Sport	North Beds

NGB COURSES

Beds Football Association – 01582 565111 / www.bedfordshirefa.com

Lv 1 Coaching: £85 **Lv 2 Coaching: £210** **Lv 3 Coaching: £300**

2nd-9th Sept 2006 4th Aug → 16th Aug →
Venue: Beds FA, Dunstable Venue: AFC Kempston Venue: Crawley Green

30th Sept – 7 Oct 2006 18th Oct →
Venue: Sandy Upper School Venue: Crawley Green FC

14th-21st Oct 2006
Venue: Beds FA, Dunstable



For more information please call us on 01234 316061, email sandra.masters@bedscc.gov.uk or visit www.teambedsandluton.co.uk to download our July-Dec '06 Club and Coach Education Brochure.



What are team BEDS&LUTON delivering in the next 3 months...

EVENT	DATE	WHERE	CONTACT
SWIMMING Local Swimming Festival Luton	22/07/2006	Lea Manor Rec Centre	Lisa
NETBALL Back to Netball Event	26/07/2006	Bunyan Sports Centre	Alison
ATHLETICS Star Track	31/07/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	01/08/2006	Stockwood, Luton	Greg
NETBALL Adult Coaching Session	02/08/2006	Bunyan Sports Centre	Alison
ATHLETICS Star Track	03/08/2006	Stockwood, Luton	Greg
NETBALL Yrs 8/9/10 Coaching Session	03/08/2006	Bunyan Sports Centre	Alison
ATHLETICS Star Track	04/08/2006	Stockwood, Luton	Greg
NETBALL Adult Coaching Session	09/08/2006	Bunyan Sports Centre	Alison
NETBALL Yrs 8/9/10 Coaching Session	10/08/2006	Bunyan Sports Centre	Alison
ATHLETICS Star Track	14/08/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	15/08/2006	Bedford Int. Ath. Stad	Greg
ATHLETICS Star Track	15/08/2006	Stockwood, Luton	Greg
NETBALL Coaching Centre Dunstable	15/08/2006	Queensbury School	Alison
ATHLETICS Star Track	16/08/2006	Sandy School	Greg
ATHLETICS Star Track	16/08/2006	Stockwood, Luton	Greg
NETBALL Adult Coaching Session	16/08/2006	Bunyan Sports Centre	Alison
NETBALL Coaching Centre Dunstable	16/08/2006	Queensbury School	Alison
ATHLETICS Star Track	17/08/2006	Leighton Buzzard	Greg
ATHLETICS Star Track	17/08/2006	Stockwood, Luton	Greg
NETBALL Yrs 8/9/10 Coaching	17/08/2006	Bunyan Sports Centre	Alison
NETBALL Coaching Centre Dunstable	17/08/2006	Queensbury School	Alison
ATHLETICS Star Track	18/08/2006	Stockwood, Luton	Greg
NETBALL Coaching Centre Dunstable	18/08/2006	Queensbury School	Alison
NETBALL Children's University	21/08/2006	De Montfort Uni	Alison
NETBALL Childrens University	22/08/2006	De Montfort Uni	Alison
NETBALL Adult Coaching Session	23/08/2006	Bunyan Sports Centre	Alison
NETBALL Childrens University	23/08/2006	De Montfort Uni	Alison
NETBALL Yrs 8/9/10 Coaching Session	24/08/2006	Bunyan Sports Centre	Alison
NETBALL Childrens University	24/08/2006	De Montfort Uni	Alison
NETBALL Childrens University	25/08/2006	De Montfort Uni	Alison
ATHLETICS Star Track	28/08/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	29/08/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	30/08/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	31/08/2006	Stockwood, Luton	Greg
ATHLETICS Star Track	01/09/2006	Stockwood, Luton	Greg
NETBALL U18 Trials Academy	07/09/2006	Bunyan Sports Centre	Alison
SWIMMING Local Swimming Camps	07/09/2006	Lea Manor Rec Centre	Lisa
NETBALL Coaching in Schools	11/09/2006	Vandyke School	Alison
NETBALL Inter County Screening	12/09/2006	Bunyan Sports Centre	Alison
NETBALL Youth Leagues Starts	13/09/2006	Bunyan Sports Centre	Alison
NETBALL Coaching Centre Dunstable	13/09/2006	Queensbury School	Alison
NETBALL Coaching Centre Dunstable	14/09/2006	Queensbury School	Alison
NETBALL Bedford community club	14/09/2006	Bunyan Sports Centre	Alison
SWIMMING Local Swimming Camps	14/09/2006	Lea Manor Rec Centre	Lisa
NETBALL Sharnbrook fun day	16/09/2006	Sharnbrook School	Alison
SWIMMING County Swimming Camp	16/09/2006	Bedford High School	Lisa
SWIMMING County Swimming Camp	17/09/2006	Bedford High School	Lisa
NETBALL Coaching Schools Biddenham SSP	18/09/2006	Biddenham SSP	Alison
CSP Check and Challenge Event	27/09/2006	Dunstable RUFC	Lisa
SSCo Local Area Induction	06/10/2006	Venue TBC	Keely
GIRLS FOOTBALL Yrs 5/6 Primary Sch League	07/10/2006	Stopsley High school	Charlene
NETBALL U16 Trails/Academy	07/10/2006	Bunyan Sports Centre	Alison
GIRLS FOOTBALL Yrs 7/8 Middle Sch League	11/10/2006	Van Dyke School	Charlene
Multi Skills Delivers Training	13/10/2006	Luton	Keely
GIRLS FOOTBALL Yrs 5/6 Primary Sch League	14/10/2006	Luton	Charlene
NETBALL U14 Trails/Academy	14/10/2006	Bunyan Sports Centre	Alison
GIRLS FOOTBALL Yrs 5/6 Primary Sch League	21/10/2006	Luton	Charlene
GIRLS FOOTBALL Yrs 5/6 Primary Sch League	28/10/2006	Luton	Charlene

www.teambedsandluton.co.uk

Contact us...

...for more information on any of the articles covered, or for wider sports development enquiries: team BEDS&LUTON office – 01234 316061.

If you have any information you would like included on our website, or next newsletter, please contact Keely on 01234 316075 / keely.glenister@bedscc.gov.uk

team talk

The Bedfordshire and Luton County Sports Partnership Newsletter for Clubs, Coaches, Teachers and Volunteers

ISSUE 1 · AUGUST 2006

Welcome to the first edition of team talk, the newsletter of the recently created Bedfordshire and Luton County Sports Partnership.

What is a County Sports Partnership?

team BEDS&LUTON have become one of 49 County Sports Partnerships (CSPs) to emerge in England born out the Active Sports initiative. All CSPs will actively contribute to increasing participation and widening access to sport, physical activity and the achievement of sporting success, and will be pivotal in delivering the 1% per year rise in participation target, set by the Government.



team BEDS&LUTON is born...

Since April, the Bedfordshire and Luton County Sports Partnership has gradually been emerging and taking over from the Active Sports Partnership that has been operating in this county for the last 4 years. On the 18th July team BEDS&LUTON was officially launched by Lloyd Conaway (team BEDS&LUTON Director), Councillor Pat Olney (Chair of the team BEDS&LUTON board) and Helen Barnett (Chief Executive of Active Luton, host agency of the CSP).



A day of celebrations for councillor Olney, enjoying both the launch of the partnership and her birthday

The creation of team BEDS&LUTON is about delivering for clubs, coaches and volunteers, and developing pathways to excellence. Working with Local Authorities, governing bodies of sport, schools, colleges, the new University of Bedfordshire, business and the wider community will ensure a strong and focussed team approach.

Each County Sports Partnership has a strategic Business Plan that has been approved by Sport England and they have secured funding for. The team BEDS&LUTON Business Plan lists 7 areas, which we are committed to developing:

- 1. Vision and Profile** – Act as a voice for and raise the profile of sport in and beyond the county
- 2. Access to Sport** – Strive to remove barriers to involvement in sport, ensuring that people have the opportunity to be the best that they can
- 3. Player Development** – To ensure that the development of the player is central to the work of the partnership
- 4. Workforce Development** – To build quality and capacity into the professional and volunteer workforce
- 5. Physical Activity** – To encourage participation in sport and physical activity for the benefits of health
- 6. Club Development** – To support the development and sustainability of sports clubs
- 7. Sporting Infrastructure** – Facilitate a co-ordinated approach to the development of sport

To view the team BEDS&LUTON Business Plan visit: www.teambedsandluton.co.uk

CHECK AND CHALLENGE US!

team BEDS&LUTON are holding a 'check and challenge' event on Wednesday 27th September 2006, at Dunstablians RUFC. This is your opportunity to challenge team BEDS&LUTON progress to date and help shape our future work. There will be two sessions on the 27th September, 3-5pm and 7-9pm. Check our website nearer the time for more details.

team BEDS&LUTON

are proactively committed to ensuring that everyone has an equal opportunity to take part in sport and physical activity at the level they desire. The county has a culturally and socially diverse population with both rural and urban settlements. Barriers to participation and inequalities have been identified and positive action will be taken to ensure open access for all to get active.

Sport England, as a main funder of team BEDS&LUTON, is committed to equality and to date has achieved the Foundation & Preliminary levels of the National Equality Standard.

"Sports equity is about fairness in sport, equality of access, recognising inequalities, and taking steps to address them. It is about changing the culture and structure of sport to ensure that it becomes equally accessible to everyone in society".

(Sport England)

WEBSITE LAUNCH

www.teambedsandluton.co.uk

Acting on the CSP's vision and profile plan, team BEDS&LUTON have launched a new website for the partnership, with pages for participants, clubs, coaches, volunteers, teachers, School Sports Partnerships and many more. The site will be constantly added to and updated over the coming months... so keep visiting!



COUNTY SPORTS PARTNERSHIPS



Bedfordshire county council



actve LUTON



South Bedfordshire taking pride in our district



MID-BEDS DISTRICT COUNCIL



Bedford Borough Council



LUTON Borough Council



SPORT ENGLAND

OUR PARTNERS

Sports development in Luton



Each quarter we will be looking at sport in a different area of our county, starting this month with Luton...

Sports Development in Luton – Mark Southam, Sports Development Manager

Active Luton Sports development no longer works just on the 'sport for sports sake' agenda, but is tasked with working to promote and develop the 'value of sport' principles, developing partnerships across Health, Education and Community Safety. Whilst still maintaining links with our traditional partners such as the local sports clubs and governing bodies of sport, new partnerships have been formed include the Primary Care Trust, Safer Luton Partnership, Schools Sport Partnership, the Youth Service and a variety of community groups all of whom bring fresh challenges and issues to overcome.

Much of our work is focused towards young people, particularly through increasing the number and range of activities available in support of the governments target to provide 2 hrs per week of high quality physical education and school sport, however with the other major drive now being directed at increasing participation in physical activity and sport by 1% year on year we will be delivering and supporting other developments. We are also very committed to providing a range of coach education and volunteer training opportunities.

We have closely monitored the work we have undertaken, in 2004/05 sports development in Luton provided a total of 549 sessions throughout the year and engaged with nearly 9,000 young people. This increased during 2005/06 to 875 sessions and with over 13,000 children and young people being involved in youth games, out of school hours activities, Active Linx, Access 2 Sport and many similar initiatives.

To find out more about individual projects or how you could get involved in supporting Active Luton develop a greater range of activities across the town, primarily within our facilities, why not get in contact with one of our team members below by either phone or e-mail.

- Mark Southam** (Sports Development Manager)
- Carol Trower** (Sports Development Officer)
- Matt Wells** (Sports Development Officer)
- James Howes** (Project Officer)
- John Moon** (Community Sports Coach (Disability))
- Penny Kelly** (Sports Leader (Swimming))
- Carolyn Hyde** (Sports Leader (Swimming))
- Ian Hobdell** (Health and Fitness Manager)
- Helen Bottomley** (Sports Worker)
- Matt Corder** (Sports Worker)
- Catrina Lewis** (Community Sports Coach)
- Stuart Henman** (Sports Worker)

'Under New Management' ...

Active Luton has just taken over the operation of Hightown Community Sports and Arts Centre, a brand new facility in the centre of Luton. It is anticipated that this will become a training and development centre enabling Active Luton to increase the number and range of coach education and training courses available in Luton. A new programme of activity is currently being put together and will be circulated to the CSP shortly.

For further information please contact Carol Trower 01582 400272 or 07796 302 820.

CONTACT:

Tel: 01582 400272
 Fax: 01582 459086
 e-mail: info@activeluton.co.uk
 website: www.activeluton.co.uk

LUTON SCHOOL SPORTS PARTNERSHIPS

Luton hosts 2 of the counties 8 government funded School Sports Partnerships, coordinating sport for 69 of our schools. An Active Schools Manager, a Partnership Development Manager (PDM) and 8 School Sport Coordinators (SSCo's) help to achieve the government target of 2 hours of High Quality PE and school sport for 75% of children.

MEETING THE 2 HOUR PESSCL TARGET

The government target of 2 hours of High Quality PE and school sport for 75% of children is increasing to 85% by 2008. Ideally schools will have 2 hours of PE built into a high quality curriculum – many schools wonder where this would fit into the timetable... but lots of schools manage 2 hours, so we know they can!

One way to meet the requirement is to provide children with short daily physical activity sessions and schools in Luton are finding different ways to do this:

Waulud Primary School has successfully incorporated 3 periods a day of brain gym into their daily routine for the last 3 years. Sessions take place in classrooms before registration, immediately after lunch break and before the final session of the afternoon. Music is incorporated to help motivate the children. Whole school results have improved over this period and staff are confident that it helps children to learn and concentrate. All staff receive ongoing training from fully accredited brain gym tutors.



Wenlock Junior School have used the period immediately after morning break to deliver 6 minutes of daily activity, 6 minutes of daily activity

adds up to 30 minutes a week and allows the school to meet the 2 hour target as their allocated curriculum time is 90minutes. The teachers on duty in the playground for that day lead the activity and as children gain in confidence and knowledge are encouraged to take over leading activities. The school has only recently started the sessions and introduced the children to the importance of it in assembly before they began. Children have so far been overwhelmingly positive and enthusiastic. A teacher questionnaire aims to measure any increased concentration levels.

The 2 hour target is one that will not go away! The DFES (Department for Education and Skills) reference the healthy schools framework in a number of key documents. Schools are obliged to sign up to healthy schools by 2009 and one of the requirements is that children are offered 2 hours.

Karen Abell (Partnership Development Manager)
 To contact a member of the School Sports Partnership team phone 01582 798991 or email karenjabell@tiscali.co.uk



MULTI-SKILLS

The national introduction of Multi-skills clubs will form part of the school's 'out of hours' learning programme (which looks to provide an extension of high quality PE and school sport) and is in keeping with the Long Term

Athlete Development (LTAD) model that aims to engage young people in healthy, lifelong participation in sport and physical activity, whilst enabling talented athletes to fulfil their potential.

Multi-skill clubs are beginning to emerge across this county, offering non sports specific activity for young people between the ages of 6-12 years, based on the FUNdamentals of movement skills (agility, balance and coordination), and will provide a base for sport specific competencies such as throwing, catching, running, jumping and striking.

For further information on Multi-skills clubs contact Keely at the CSP or your Partnership Development Manager.



A FOND FAREWELL TO ACTIVE SPORTS

The Active Sports Programme that has operated in the county for the last 4 years developing Girl's Football, Rugby, Swimming, Athletics, Netball and Hockey was given a great send off at the beginning July when over 200 clubs, coaches and volunteers representing the 6 sports got together at the

Vauxhall Recreation club for a celebratory awards evening. There were nearly 90 nominations received across the 10 awards with categories for volunteers, clubs, coaches, schools and young people. A huge thank you to everyone that was involved over the course of the programme!



AWARD WINNERS:

- Young Official Award**
Laura Goodyear (Football)
- Official Award**
Gloria Keech (Netball)
- Young Volunteer Award**
Laura Bygraves / Samantha Brightman (Netball)
- Volunteer Award**
Rachel Dawson Adderson (Hockey)
- Young Coach Award**
Sarah Collings (Hockey)

Coach Award

- Jane Bowen (Swimming)
- Active School Award**
Sandye Place Middle School
- PESSCL Club Award**
Sandy Colts Football Club
- Development Club Award**
Cranfield
Netball Club / Luton Town Hockey Club
- Young Sports Personality**
Caroline Howard (Netball)

2ND ANNUAL PESSCL CONFERENCE

'Whole school and community improvement through Physical Education and Sport'

After the success of last years event, Bedfordshire's PE and Sport Strategic Group, in partnership with team BEDS&LUTON and De Montfort University, present their 2nd annual conference on Tuesday 14th Nov 2006 for all those in the county involved in the delivery of the PESSCL initiative. Key note speakers are: Prof. Margaret Talbot OBE, Chief Executive Association for Physical Education; Nick Rowe, Head of Research, Sport England; and Chris Brown, Everest Mountaineer. There will also be a mix of workshops and networking opportunities throughout the day. For more information contact Gill Morrow, County Officer for PE and Sport, on 01234 316071.



Exciting developments are planned for the University of Luton and De Montfort University's Bedford campus to combine forces in August 2006 and create a new university for Bedfordshire



Working towards a new university for Bedfordshire

OUR 1ST YOUTH GAMES

Sara Sankey (pictured), one of England's most prolific badminton players and winner of two Commonwealth Games gold medals, visited the county in June to open the 1st Bedfordshire and Luton only Youth Games, held at Biddenham School and Sports College.

The event, organised by team BEDS&LUTON in conjunction with the four Local Authorities, attracted over four hundred boys and girls aged 7 to 13 from across the county.



With events in 7 sports, the Youth Games aimed to give children the opportunity to represent their Local Authority in competition against peers with the purpose of increasing opportunities for young people to become involved in, and stay involved in sport.

Pete Hardy, team BEDS&LUTON Operations Manager explained, "The emphasis of the day was on enjoyment and providing youngsters with a positive, competitive experience in a safe and friendly environment, with an overall aim to encourage everyone who takes part to join local, quality assured sports clubs where they will have the chance to develop their skills further and perform on a regular basis".

Sport Development Officers from the four Local Authorities in Bedfordshire and Luton ran the selection process for their respective teams and were responsible for organising high quality coaching in the build up to the games to ensure that their teams get the most out of the experience. For photos of the day visit www.teambedsandluton.co.uk



COACHING CORNER

Welcome to **Coaching Corner** where you can find out all the information and updates about coaching in Bedfordshire and Luton. In this issue find out about the UKCC, the recent Netball Coach Development workshops and how to register on the national coach database.

UKCC (United Kingdom Coaching Certificate)

The UKCC has been making changes to the structure of coaching awards with an intention to improve the quality and profile of coaching. In total 31 sports will be involved with the process, delivered in 3 phases, with 20 sports planning to operate UKCC endorsed coach education programmes by January 2007. Sports who have already achieved endorsement are rugby, swimming, cricket, rowing and cycling.

The changes, which will be rolled out by the various National Governing Bodies, will help advance coach education programmes and practices, and support the development of coaching as a profession. For more information visit www.ukcoachingcertificate.org

Netball Coach Development Workshops

Maggie Jackson, Head Coach of the Mavericks SuperLeague Team, and Jo Munnion Mavericks Youth Assistant Coach, have been in Bedfordshire recently delivering workshops to Level 2 netball coaches. The main topics of the workshops were observation and analysis to support the coaches to move towards their Level 3 qualification. Alison Brightman Netball Development Officer for the

Partnership who also attended the workshops said, "it was a great opportunity for local coaches to learn from Maggie and Jo and we all came away with lots of new ideas to put into practice, which will advance our coaching abilities".

Get yourself registered as a coach with sports coach UK...

by logging on to www.snapsurveys.com/sportscoachuk and enter your coaching profile to be part of the national register of coaches.

