

Cricket Skills - Primary



AGE CATEGORIES

- Year 1&2, 3&4, Year 5&6

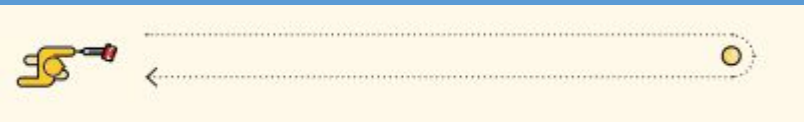
Challenge 1 – Bat Taps

Set Up:

- Mark a start line and turning point using a cone the relevant distance to the year groups taking part:
10m – Y1&2, 12m – Y3&4, 15m – Y5&6

Rules:

- Each player travels out with either a ball or bean bag on their bat to the cone
- Once they reach the cone, they turn around and head back to the start point as fast as they can.
- Players can have multiple attempts, fastest score is recorded.



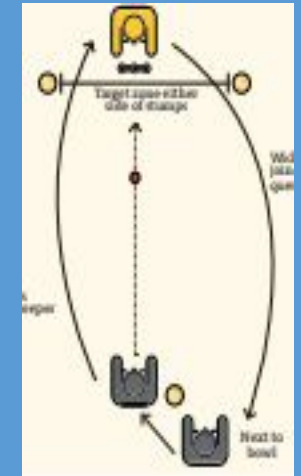
Challenge 2 – Perfect Pitch

Set Up:

- Set stumps for participants to aim at, bowling cone to be set at a distance of: 8m – Y1&2, 10m – Y3&4, 12m - Y5&6
- Place target zone, 1m either side of the stumps for bowlers to aim to bowl through (see diagram)

Rules:

- Bowlers bowl overarm at target and scores 10 points for hitting stumps, or 5 points getting the ball through the target area
- Players bowl an over (6 deliveries) and count up their score



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Challenge 3 – Striking Star

Set Up:

Set up striking area and a target area marked by 2 cones (inner target, 1m apart) and 2 further different coloured cones (outer target, a further metre apart). Players stand behind the cone (or batting tee) situated at a distance of: 10m – Y1/2, 12m – Y3/4, 15m Y5/6.



Rules:

- Batters have 10 goes to hit as many balls as possible through the target areas
- Inner target = 4 runs, Outer target = 1 run
- Players total and record score

**Deadline for entries is
Friday 28th May**

**Good Luck to all
participants!**

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Adaptations for Pupils Home-Learning:

Equipment:

- Instead of cones, you could use items such as upturned flower pots or plastic cups to mark out the target areas.
- If you don't have a suitable ball, you could use rolled up socks, or scrunched up newspaper (if you tape around the scrunched up paper it makes a much better ball!)
- If you don't have a bat, you could use a tennis racquet or a walking stick, or even a newspaper rolled up into a long tube
- If you don't have stumps you can draw them on a wall or wheelie bin with chalk

Marking out distances:

- If you don't have access to a tape measure or ruler, get an adult to help you – they can roughly pace out the distances for you (one large pace is roughly equal to 1 metre)