

TABLE TENNIS – RALLY



EQUIPMENT: REQUIRED

- ❖ Table (preferably table tennis table - a large table will suffice if you do not have one)
- ❖ Bat/racquet (depends on age category – see below)
- ❖ Ball (table tennis ball or tennis ball depending on age category – see below)

AGE CATEGORIES

- ❖ Yr3&4 (short tennis racquet and ball)
- ❖ Yr5&6, Yr7&8 Yr9, Yr10&11, Yr12&13

TEAM SIZE

- ❖ 4 players per team (mixed at KS2).
- ❖ 4 players per team (single sex at KS3, KS4, KS5)
- ❖ You can enter scores from as many teams as you like
- ❖ Players cannot play for more than 1 team

RULES

Yr3&4

- ❖ Using a short tennis racquet and a tennis ball, how many times can the player bounce the ball on the racquet before losing control?
- ❖ Each player has 2 minutes. If they lose control they start again.
- ❖ Record the highest number of successful bounces of the ball.

Yr5&6, Yr7&8, Yr9, Yr10&11, Yr12&13

- ❖ Fold one side of the table tennis table up or place a table against the wall with the shortest part touching the wall.
- ❖ Each player has 2 minutes to rally against the wall.
- ❖ How many times can you rally without losing control of the ball?

TABLE TENNIS – RALLY



- ❖ Each time they lose control, they start again.
- ❖ Record the rally with the highest number of successful hits

SCORING

- ❖ Combine the scores for each player to create your team score and submit the total score
- ❖ When submitting more than one teams score, please give each team a 'team name'
- ❖ Top 2 teams with the highest scores will qualify through to the county final

Deadline for entries is Friday 27th
November

County Finals deadline is Friday 11th
December

**GOOD LUCK TO ALL
PARTICIPANTS!**